

The Truth Is...

Individuals who have suffered a pattern of alienation in childhood, are subject to acquiring chronic anxieties that will cause major offsets in their career path.

Dear Colleague:

According to our research, chronic anxiety is now the single most debilitating disease and/or disease exacerbating condition the world has ever known.

We estimate that in 10 years, more than 50% of the world's population will suffer from the condition. That means that by 2022, as many as 4 billion people will be living with diseases that were initiated and fueled by anxiety: diabetes, cancer, heart disease, stroke, Alzheimer's, osteoporosis and MS... to name just a few.

Suffice to say: We saw this situation coming more that 20 years ago...

That's when we could begin to foresee and forecast the events of 2010 -- the year that the primary **CAUSES** of the whole range of combined, accumulated and exacerbated international social and economic anxieties...

- a). Attention Deficit Disorders.
- b). Systematic Substance Abuses.
- c). Post Traumatic Stress Disorders.
- d). The Epidemic of Chronic Disease.
- e). Hyperactive Personality Disorders.

... would ultimately become the foundation and footing for the longest-lasting and most devastating international monetary crisis the world has never known!

How did we know? Because we're future forecasters. We're prophets you could almost say -- and we knew of a certainty as far back as 1989, that the global monetary crisis would last until at least 2020 -- probably longer.

That's why we decided then and there -- more than 20 years ago -- to spend the next 20+ years of our lives developing the *GrowthPath Leadership*[™] program.

It needed to be done... And that's how our own direct, first-hand, personal experiences ultimately became the world's first and only complete program for PREVENTING common problems before they start... thereby enabling those same individuals to be more successful in healthier, more profitable careers!

Now, with insight, foresight, and more than 10,000 case studies to our credit, we enjoy unparalleled success in helping individuals get "unhooked" from their habitual and unhealthy pattern of anxieties -- in the process of working their way back to a much healthier, more robust and profitable lifestyle.

So join us now to do two very good things for yourself:

- 1. Get Unhooked From Chronic Anxiety.**
- 2. Become A Leader In Your Own Right.**

First, we'll show you how to get back the freedom to be who you truly are...

Then, we'll show you how to **set yourself free** to live the life you have always wanted to live, doing what you do best, for your own reasons in your own right.

Then, if you think you'd like to work with us -- give us a call at: 423-702-0047.

Or, if you feel even more strongly about taking the fast track to becoming a leader in your own right, feel free to contact me directly to discuss your future role in my **HealthPath™** International brand licensing process.

Learn more about our complete, step-by-step program in the following pages.

Most Sincerely,

Neil Roberts, Founder
IDM Research & Development
iPhone: 423-619-1361

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AN IDM COMPANY

For 30+ years, through more than 10,000 case studies, our business has focused exclusively on offering our valued clients a complete **GrowthPath Leadership™** program for achieving growth and health in all facets of their lives. Our mission is to enable you to have a future full of physical health, personal achievement, professional success and joy in living.

We created the world's best self-growth solutions...

By introducing **HealthPath International™** we have now become the only program in the world capable of ***preventing*** most problems before they have an opportunity to start. We do this by identifying and extracting all known and common problems early in our client's discovery process. Then, by fostering and supporting exclusively ***healthy growth***, our clients' can enjoy ***sustaining*** their own growth as a successful business.

Our personal experience made us who we are today...

We know from experience that applied science, working in concert with holistic philosophy, will always deliver simpler, more practical solutions to a broader range of spiritual-psychic and growth-health related problems. To ensure the achievement of our valued client's goals, we have identified the most common problems they will face, in the process of building the foundation for a lifetime of enduring success.

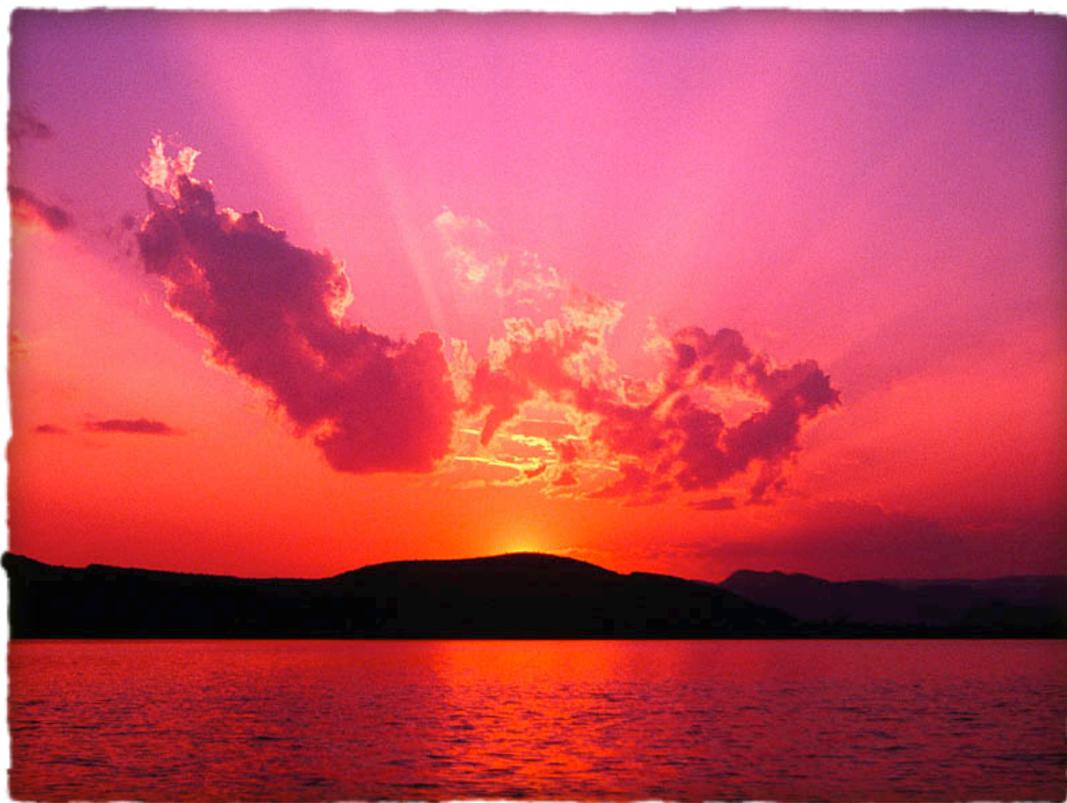
We created a new world where everyone is unique...

We foster and support one-of-a-kind individuals, who are capable of being successful for their own reasons and in their own personal right. That's why we work one-to-one with just such inspired individuals -- applying our performance-proven solutions to the task of healing their past doubts and fears -- while growing their future success through giving birth to their own, uniquely personal, personally enlightening and life-affirming new careers.



Growth & Health
for a
LIFETIME

Before the end of this decade a new day will dawn. This new day promises to be the end of a cycle of economic disruption, and the beginning of a new era of *discernment* that will lighten the hearts and inspire the minds of all those who seek the truth.



This new era is a new standard for global alliances that represents the true *Economics of Prevention*: a better and more discerning way to build stronger foundations for success in all aspects of life.

Graduates of this program will be well qualified to help others build the bonds of personal faith and trust that will become the source of their future success as **GrowthPath Leadership Counselors**.

We have always been in the business of *preventing* overly complex and adversarial thinking from deceiving you and yours into adopting or accepting anything other than the simplest and best solutions there are to the problems of living a healthy and successful life.

Now, our uniquely practical seminar/workshop series offers you a **Complete Seven (7) Step Program for Preventing Problems** (before they start), thereby affording you the FREEDOM you have always needed, to live the life that you have always wanted:

1. **Childhood: The First Eight Years.**
Destroying The Seeds of Chronic Anxiety

2. **The Foundation of Success In Life.**
Becoming Civilized in an Uncivilized World

3. **The Parents Primary Responsibility.**
The Joys of Self-Growth & Self-Discovery

4. **Developing a Balanced Personality.**
Embracing the World of Self-Improvement

5. **Training Versus Formal Education.**
The New Era of Continuous Improvement

6. **The Economics of Healthy Living.**
Higher Standards for Global Alliances

7. **Finding Your Own Career Path.**
Achieving Success In Your Own Right

More



FOREWORD



Finally the simple truth has been told: anxiety (the emotion) is the cause of virtually all chronic disease. Yes, childhood anxiety is the primary cause of chronic disease -- but sugar (the chemical) makes the problem a physical and chronic reality that won't go away without a determined fight!

Yes, I'm talking about modern commercial sugar... the high-energy chemical that's directly responsible for producing a type of anxiety that feels and acts almost exactly the same as emotional anxiety... but effectively makes the problem permanent by fueling the rapid growth of the cells and tumors that eventually turn anxiety into a full-blown chronic disease.

In fact anxiety: stress and sugar, cause and/or precipitate virtually every chronic disease known to man: cancer, diabetes, stroke, heart attack (all diseases that are not caused by an infection) to name just a few. I should know... I lived through and tried to cope with that anxiety-driven disease-process for more than 50 years!

Of course my anxiety was initially caused by emotions too. When I was growing up as a child, I lived in a home environment where I was always anxious that I would be humiliated, rejected or hurt by someone in my own family... Has something similar to that ever happened to you? That's how I got into the habit of using commercial sugar (in the form of sugar-laden candy and soft drinks) to try and comfort my fears and anxieties.

Of course, by consuming so much sugar, I was adding even more powerful fuel to the disease process. So, eventually -- as I would have known, if I had known then what I know now -- I grew the tumors that made me deathly sick and very nearly cost me my life!

That's when I decided to change the world.

That's when I decided to develop a how-to, step-by-step program called: Growth & Health for a Lifetime. I want you to see how to stop this very popular but very deadly process from insidiously and inevitably working to destroy everything that you've worked hard all of your life to build.

It's been more than three generations since the Industrial Revolution began to dominate most of the most vital aspects of America's social and economic life. Since then, too many of our children have had to grow up with too little guidance and serve too soon in working environments that were far too big and impersonal to give them the freedom from anxiety that they needed to live their own life in their own right.

Perpetually anxious, we've all had to work and sacrifice to get through many difficult and very nearly hopeless times. The world wars, the arms races, the space races, the cold wars, the guerrilla wars and the terrorist wars have all taken a big toll. In the process, too many valuable lives, careers and hopes-for-the-future have had to be sacrificed.

The economic expediency and social stereotyping that sidelined so many of our cherished hopes, left too many of us without the sensibilities and/or the tools that we needed to defeat our fears and anxieties. As a result, too many of us did not get strong enough, soon enough, to shelter ourselves from the powerfully adversarial spirit of these troubled times.

The questions that you need to answer at this point in your life are:

1. Who gave your enemies the opportunity and/or power to cause your chronic anxiety or disease?
2. Where do those anxious feelings come from and what must you do now to prevent them from making you sicker?

Right now... regardless of your social, economic, political, religious or professional standing, or what success means to you personally, you can find the ultimate answers to such important questions in this program.

My story (Step One in this seven-step-process) will effect you on an emotional level, by reminding you of some of your own experiences. Take the time to examine the cause of those experiences.

▪ **Now put together a plan for greater growth and health in the future.**

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Anxiety & Chronic Disease

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Destroying Your Life!

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The contents of this publication have been carefully and methodically researched, developed, created, compiled, edited and written by the owners of IDM Research & Development, Neil & Doris Roberts, who are solely responsible for its global promotion, distribution and sales.

We are not in the business of promoting or selling medical services. We create unique, proprietary, complete step-by-step programs, that are performance-proven to enable resourceful individuals to improve their decision-making process and be more successful in their lives.